

PARTICIPATION POLICY FOR PE LESSONS

Below is an outline of the department's participation policy. All pupils are expected to take part in PE and should therefore bring their kit to every lesson. If a student becomes ill during the day they will be assessed by a first aider. Those who need to be sent home will either go home or receive appropriate care in the first aid room. Any student who is well enough to attend college but who is injured or has a minor illnesses e.g. a cold etc will be assessed by the teacher taking account of any note sent by the parent.



Got PE Today.....What Should You Do?

Everyone should participate in PE in some way, to get fresh air, appropriate exercise and remain part of the group.

Even if you are injured or ill, you should bring kit and take part, but you might need to change what you do.

Your PE teacher will tell you what level you are (either long term or when you give in your note).

Level 1 – Full Participation

This level applies to the vast majority of students. You can take a full part in your PE lesson.

Level 2 – Participation with minor differentiation

You may have a reason that prevents you from full participation but this will not stop you taking part in **any** activities.

For example, Asthma may be a reason that stops you doing certain parts of the lesson.

Level 3 – Semi-participation

At level 3, you will find that you are unable to do some parts of the lesson. Your note should explain this but **you will still need to bring kit** so that you can do the activities that you can.

For example, finger injuries will not stop you running.

Level 4 – Coaching/Assisting/Officiating

You are unable to take part in the physical parts of the lesson but can still take part by refereeing or by helping teach other students. **You should still bring kit, especially boots or trainers.**

For example, a broken leg means you can't take part but can referee.

NO JEWELLERY MAY BE WORN DURING YOUR PE LESSON

If you are unable to do PE for more than 2 weeks, a doctors note explaining the reasons will be required.